ASPARAGUS WITH NAZARETH CHEESE, HAM AND GRAPEFRUIT



Instructions:

Peel the asparagus and cook until done (al dente) in salted water. Set aside to cool down.

Peel the grapefruits and discard the membranes

Slice the cheese and ham in strips

Mix the sour cream with salt and pepper and some grapefruit juice until you obtain a nice sauce

Plate the asparagus, the ham, the cheese, the grapefruits and dress with the sour cream

Toast the broad, spread some butter on it and serve with some parsley

Serves:

4 people

Recipe type:

Entree

Allergens information:

Gluten

Difficulty:

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